

DREW D. BREZNITSKY, M.A., R.M.H.C.I.

REGISTERED MENTAL HEALTH COUNSELOR INTERN

FOUNDER | CHIEF EXECUTIVE OFFICER

BEACHSIDE RECOVERY INTERVENTIONS + CONSULTING

Drew D. Breznitsky is the Founder of the eclectic mental health practice, **Beachside Recovery Interventions + Consulting**, located in Satellite Beach, Florida.

Drew started his journey in behavioral health, long before he even realized it, as a child growing up with a single mother diagnosed with co-morbid medical, mental health and substance use disorders. When he was nine years old, Drew's mother, Linda, was diagnosed with Hodgkin's Disease and later developed interstitial lung fibrosis. Subsequent to receiving her medical diagnosis, Drew's mother developed Major Depressive Disorder along with preexisting Post-traumatic Stress Disorder. Drew was later exposed to his mother's maladaptive coping in the form of Alcohol Use Disorder. Throughout childhood and adolescence, Drew experienced a significant amount of emotional, mental, physical, interpersonal and family systems trauma. Not knowing how to cope, Drew began experimenting with alcohol, following in his mother's and other family member's footsteps. He began experiencing interaction with the legal system and other social and educational conflicts.

When Drew was eighteen years old, his mother finally lost her battle with cancer. At the time she passed away, Drew had not spoken to his mother for a significant amount of time. Shortly after, Drew's Grandfather passed away. Being eighteen, a bartender at the time, and unable to adequately cope with the associated trauma, guilt and shame, Drew fell into a lifestyle of partying, drinking and fighting. The trauma, paired with associated behaviors, led to depression, anxiety, self-harm and other mental health and behavioral challenges.

After experiencing multiple interactions with the legal system, including county jails and one short stint in state prison, Drew decided he wanted something better — something more than this life. During his final interaction with the legal system, with the help of his attorney, now a dear colleague, Drew agreed to engage

in a Department of Corrections Dual Diagnosis Residential Treatment Program. While in treatment, Drew obtained his Associate of Arts Degree in Psychology from the College of Central Florida. He later enrolled with Saint Leo University where he completed a Bachelor of Arts in Human Services and a Bachelor of Arts in Psychology. After gaining some experience in the field as a Bachelor's Level Therapist with the same treatment center he once attended as a client, Drew enrolled in graduate school with Webster University where he obtained a Master's in Clinical Mental Health Counseling and Marriage and Family Therapy.

After seven years working in a variety of modalities within the field, both as a primary therapist and program director, Drew started Beachside Recovery Interventions + Consulting out of necessity. BRIC was started out of a need to help families and their loved ones appropriately navigate a system that is inherently broken, and that is what Drew and the BRIC team continue to do daily

Beachside Recovery Interventions + Consulting (BRIC) is your community-rooted all-inclusive collaborative for mental health therapy and addiction recovery services. Clinically competent, motivated, hard-working, efficient, empathic, compassionate, understanding, patient, professional, with a touch of punk rock — we can help with any mental health or substance use-related challenges.

We provide person-centered, ethically driven, and clinically competent outpatient counseling, psychiatric services, intervention, crisis management, individualized case conceptualization, clinical case management, peer support, consulting, mental health and substance use-related investigations, forensic evaluations and expert witness services. We are your start to finish counseling and clinical case management team.

We at Beachside Recovery Interventions + Consulting (BRIC) maintain a specific vision and



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duty to significantly disrupt the social stigma associated with mental health and substance use disordered treatment through exhibiting integrity, authenticity, transparency and advocacy in all that we do. We are here to reinstall credibility to the field through education and insight. We strive to help families appropriately navigate through and disrupt the dangerous and unethical bullshit that occurs within the industry including, but not limited to, patient brokering, insurance fraud and human trafficking; moreover, we aim to restore integrity to the treatment services industry by building and collaborating with a cohort of ethical, professional and qualified providers

Whether you are experiencing mental health challenges, substance use challenges, or mental health/substance use-related interaction with the legal system, we can help. If you are a family member or loved one of someone experiencing the above and don't know where to turn or where to start, we are here for you. We have lost far too many local loved ones and are unafraid of stigma, psychosocial barriers, critics, and paycheck practitioners...you are our main priority. We Do Not Negotiate With People's Lives.



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**Beachside Recovery
Interventions + Consulting**
REWRITE YOUR STORY



321.655.8143



drew@brichestigma.com



brichestigma.com

1640 Highway A1A Suite C | Satellite Beach, Florida 32937